

Glencadia Bullets
Tentative Competition Schedule 2023
**Indicate Empire State Sports Council Meets*

| <u>Date</u> | <u>Time</u> | <u>Event/Location</u> |
|-------------|-----------------------------|---|
| *5/27 | 11am | Patriot's Invitational Rensselaer High School |
| *6/4 | 2pm | Constitution Classic Watervliet High School |
| 6/10 | 8:15am 1mile 9am 5K | OK 5K/OK 1 Mile/Reading Ramble Kinderhook, NY |
| *6/11 | 2pm | President's Open Schenectady High School |
| *6/16-6/17 | Friday 5pm Saturday 11am | Adirondack Championships Rensselaer High School |
| 6/18 | 9am | USATF Region 1 Qualifier Bethlehem High School |
| 6/29-7/2 | TBD | AAU Region 1 Championships Shenendehowa High School |
| 7/6-7/9 | TBD | USATF Région 1 Championships Taconic Hills HS |
| *7/14-7/15 | 5pm 11am | Liberty Tour Championships Rensselaer High School |
| 7/24-7/30 | TBD | USATF Junior Olympics Eugene, OR |
| 7/29-8/5 | TBD | AAU Junior Olympics Drake University, Des Moines, IA |

*Days/times for multiple day meets will depend on events.

All meets are optional. It is recommended that participants adhere to coaches' suggested maximum mileage and competition guidelines. Additional events and opportunities for competition may become available at a later date. The above schedule is tentative and subject to change.

For any USATF or AAU meet, the appropriate membership is required.