



# JOIN GLENCADIA BULLETS



## TRACK AND FIELD CLUB



Whether you are interested in running or field events the **Glencadia Bullets** are for you. Participants must be between 7 - 18 years old to compete. Experienced coaches will provide you with an opportunity to learn different aspects of track and field and help you compete in various events. The primary focus of the club is to promote interest in track and field, and teach: sportsmanship, teamwork, healthy habits, physical fitness and techniques that will foster improvement in whatever event or sport you choose. The main objective is to have fun.

\*Modified and Varsity athletes are able to join once their season has ended.

Registration fees are **\$50 per athlete** plus the cost of USATF membership (optional). Some meet entry fees will be sponsored this season. Family discounts and scholarships are available.

There will be a **Uniform and spike exchange/pre-registration on April 23rd at 7pm at the Martin H. Glynn Municipal Building Courtroom.**

The **first practice will be held on Thursday April 30th from 6-7:30 at Volunteer Park on State Farm Road.**

Unless otherwise noted, all other practices will be held on Mondays and Thursdays at the Ichabod Crane High School track from 6:00pm-7:30pm. For more information:

Contact: Jessica Flint at: [glencadiabullets@gmail.com](mailto:glencadiabullets@gmail.com)

[www.facebook.com/GlencadiaBullets](https://www.facebook.com/GlencadiaBullets)

<https://glencadiabullets.com/>